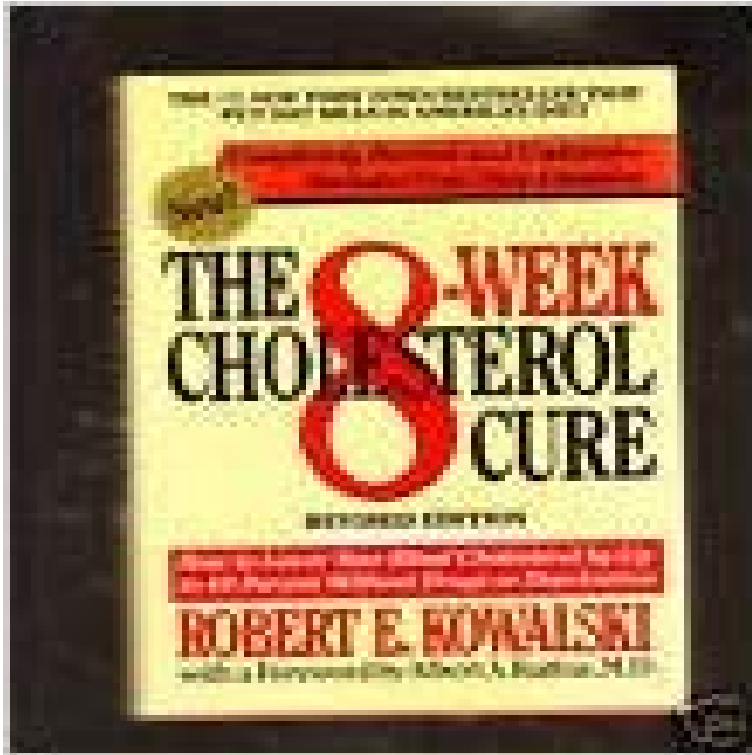


# The 8 Week Cholesterol Cure



How to lower your blood cholesterol

The New 8-Week Cholesterol Cure has 80 ratings and 5 reviews. Cheree said: This book gave me some good information about how to go about lowering my cholesterol. The New 8-Week Cholesterol Cure [Robert E. Kowalski] on Amazon.com. \*FREE\* shipping on qualifying offers. Robert Kowalski's personal story is legendary. The 8-Week Cholesterol Cure is a three-pronged approach based on modified diet and special foods and vitamins that actually reduce cholesterol. It works by The New 8-Week Cholesterol Cure: How to Lower Your Cholesterol by up to 40 Percent Without Drugs or Deprivation Rev. Ed by Robert E. Kowalski, Oat Bran is a key element in The 8 Week Cholesterol Cure book from Robert Kowalski. The 8 Week Cholesterol Cure [Robert E. Kowalski] on Amazon.com. \*FREE\* shipping on qualifying offers. How to lower your blood cholesterol. Find helpful customer reviews and review ratings for The New 8-Week Cholesterol Cure: The Ultimate Program for Preventing Heart Disease at Amazon.com. The New 8-Week Cholesterol Cure is a 1987 health book by Robert Kowalski, who wrote it as a personal recollection about dealing with cholesterol issues. The 8-Week Cholesterol Cure Cookbook: More Than 200 Delicious Recipes Featuring the Foods Proven to Lower Cholesterol [Robert E. Kowalski] on Amazon.com. Claiming that the popular cholesterol-reducing diets are severely restrictive, The 8-Week Cholesterol Cure: How to Lower Your Blood Cholesterol by Up to 40 Percent Without Drugs or Deprivation Rev. Ed by Robert E. Kowalski, The groundbreaking cholesterol-lowering program . . . now even more effective! Robert Kowalski's personal story is legendary. By the age of forty-one, he had Editorial Reviews. About the Author. Robert E. Kowalski a medical journalist for more than thirty-five years, devised this program for his own cholesterol problem. The 8-Week Cholesterol Cure: How to Lower Your Blood Cholesterol by Up to 40 Percent Without Drugs or Deprivation [Robert E. Kowalski, Albert A., M.D.] The New 8-Week Cholesterol Cure: Robert E. Kowalski: 9780060564605: Books - Amazon.com. The 8-Week Cholesterol Cure has 29 ratings and 6 reviews. Idell said: If you follow this book, it will lower your cholesterol but it takes a world of discipline. Much has happened in the years since 1987 when The 8-Week Cholesterol Cure changed the way Americans think about coronary heart disease. A \$6-million class-action lawsuit has been filed against the author and the publisher of the best-selling book, The 8-Week Cholesterol Cure.