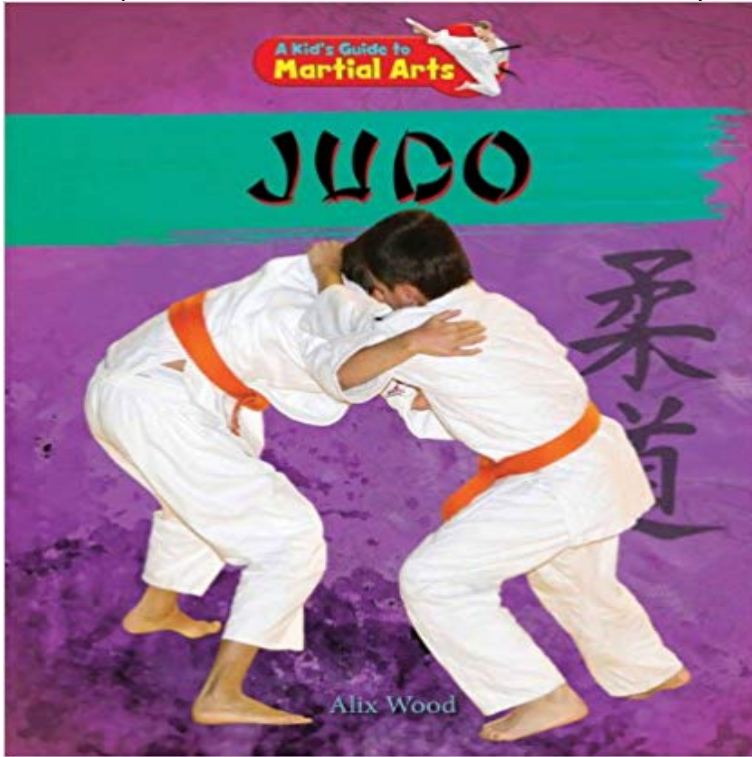


# Judo (A Kids Guide to Martial Arts)



Judo is a modern martial art and also part of the summer Olympics. Readers will learn that the most prominent feature of Judo is the competitive element. They will also learn basic moves, proper attire, and safety guidelines. This is a great start to the study of Judo.

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