

Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: “Abigail’s a whale!” Abigail can see that she is larger than the other girls. She feels huge, heavy, and out of place. Abigail’s swimming teacher takes her aside and points out: we can change how we see ourselves. He offers a creative visualization technique she can use to feel bolder, more confident, and more accepting of herself. Abigail tries it out in challenging situations that week—walking home in the dark, eating her vegetables, trying to fall asleep. Illustrations in the book show her perspective morphing powerfully to match her new thought patterns. Next time she’s in swimming class, instead of feeling heavy, Abigail thinks sardine, eel, barracuda, shark! She starts to figure out how to draw on mindfulness, creative thinking, resilience, and positive self-esteem to embrace exactly who she is. This picture book supports social/emotional learning and serves as a perfect jumping-off point for topics like bullying, empathy, confidence, and creative problem solving. LEVELING Grade Range: K–4 Fountas & Pinnell: K Reading Recovery: 18 Lexile: AD 430L COMMON CORE RF.2.3,3c,3d,3e,4,4a,4c W.2.1,3,5,6,7,8 L.2.3,4,4a,4d,5,5a,5b,6 SL.2.1,1a,1b,1c,2,3,4,6 R L.2.1,2,3,4,5,6,7,10

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Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: “Abigails a whale!” Abigail can As an overweight kid, I wouldve totally related to Abigails story. Important message about self-love. Abigail the Whale by Davide Cali is on Ms Threlke I really liked this book about Abigail who is made fun of at swim class for being fat so she thinks shes too heavy to swim. But her coach helps Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: Abigails a whale!” Abigail can Buy Abigail the Whale Translation by Davide Calai, Sonja Bougaeva, Karen Li (Ed (ISBN: 9781771471985) from Amazons Book Store. Everyday low prices and Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: “Abigails a whale!” Abigail can Abigail is a sweet girl who hates going to her swimming lessons because all the other children shout, “Abigail is a whale!” when she dives into Booktopia has Abigail the Whale by Davide Cali. Buy a discounted Hardcover of Abigail the Whale online from Australias leading online bookstore. Abigail the Whale is a new OwlKids publication written by Davide Cali and illustrated by Sonja Bougaeva. The pleasantly plump protagonist Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: Abigails a whale! Abigail can The Hardcover of the Abigail the Whale by Davide Cali, Sonja Bougaeva at Barnes & Noble. FREE Shipping on \$25 or more! Abigail the Whale. Authored by Davide Cali and Illustrated by Sonja Bougaeva. Ages 5-8. Unwrapping some fabulous illustrations to enjoy. A fat girl named Abigail copes with a negative body image. Translated from the original French by Karen Li, Abigail the Whale, a.k.a. Marlene Baleine, by Davide Cali, follows young Abigail over the Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her class shout: “Abigails a whale!” more. Abigail dreads swimming lessons. Every time she dives into the pool, she makes a big splash, and all the girls in her

class shout: “Abigails a whale!” Abigail can Abigail the Whale Written by Davide Cali
Translated by Karen Li Illustrated by Sonja Bougaeva Owlkids Books 9/15/2016
978-1-77147-198-5 Abigail dreads swimming lessons. Every time she dives into the pool, she
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Cali. Illustrated by Sonja Bougaeva. Translated by Karen Li. Toronto, ON: Owlkids Books,
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